



Ideas for your Amazing Harvest

Hold a Harvest walk around your local green spaces and raise sponsorship. You could link it to the distances that African farmers have to walk to take their crops to market – often 3 miles or more!

Arrange a sale – books, cakes, bric-a-brac etc. and turn people's unwanted items into funds for Send a Cow.

Run a "Hunt the Vegetable" afternoon – it's a bit like an Easter Egg hunt but instead children could go looking for carrots, onions and potatoes hidden around your grounds.

Vote for your biggest, funniest, brightest, best vegetables. Ask everyone to bring in a vegetable for the competition and then auction them off afterwards in support of Send a Cow.

Eat a harvest supper and sell tickets in support of Send a Cow. For extra fun, why not make it a safari supper around your parish with various food courses at different locations. You might even like to use our Africa recipes, found at www.sendacow.org.uk/eat-together

Stage a Harvest celebration. It could be a fancy dress evening with cheese and wine, or why not ask people to come into church or school dressed up in the colour of a particular vegetable. You could use the Harvest play and vegetable headbands downloadable from our website as part of your celebrations.

Try to find the hidden cow. Draw a grid and sell squares for £1. The person who buys the winning square could receive a percentage of the entry fee or a prize with the rest of the funds going to Send a Cow.