



Fruit and vegetable headband activities

You can use these fruit and vegetables shapes in all sorts of fun ways in church or school – making your Amazing Harvest Rescue memorable for everyone involved. Simply get children (or adults!) to colour them in and glue onto a card backing. Make a head-band by folding up a length of paper or card long enough to fit around your head and fix the fruit or vegetable shape onto this with glue or staples.

The headbands are a great way of linking Harvest with healthy lifestyles and learning about food in African countries.

Here's how to use them:

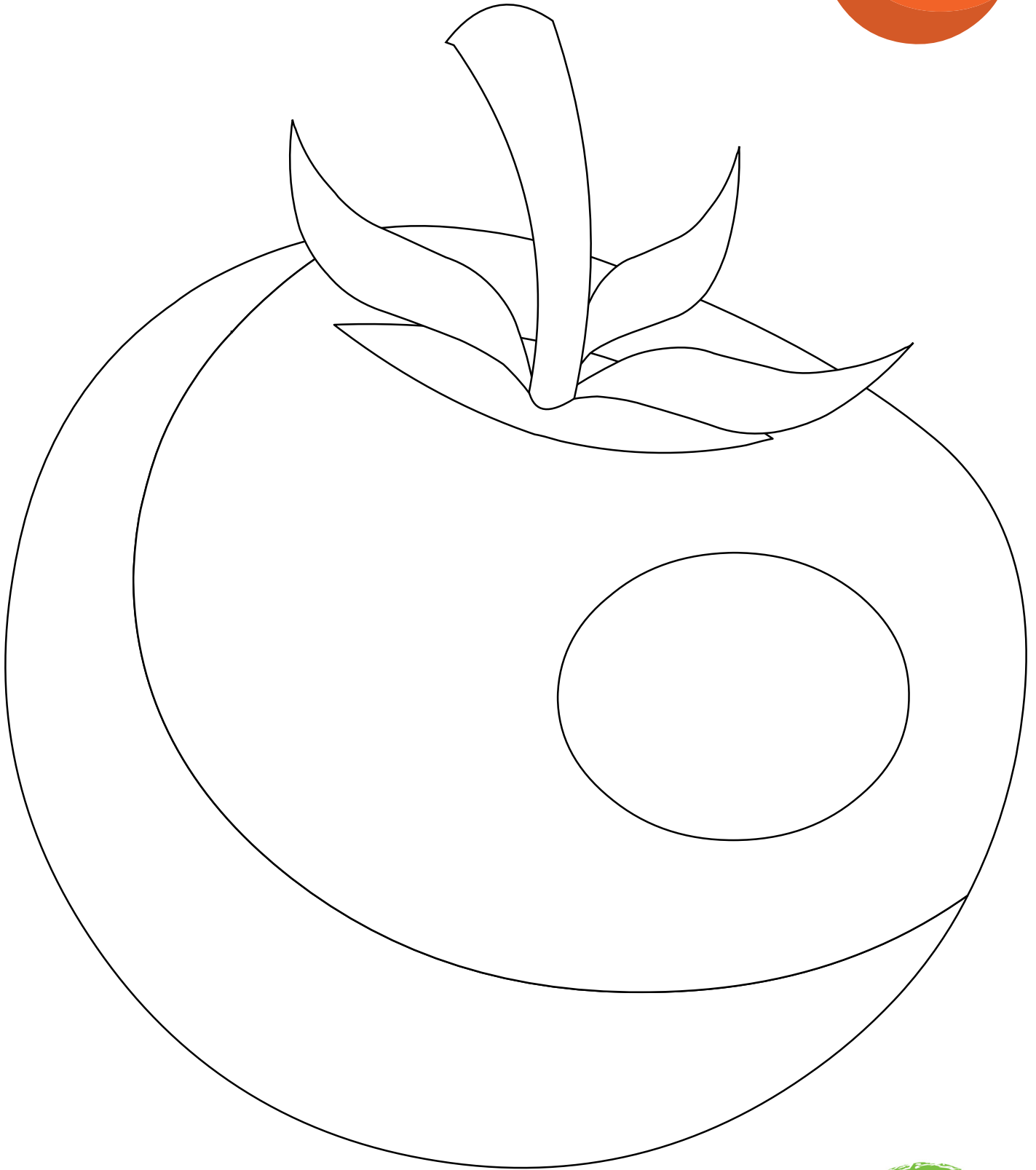
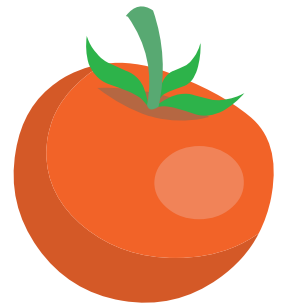
When you hold your Amazing Harvest Rescue celebration or assembly, get the children to come to school dressed up in the colour of a fruit or vegetable, wearing the corresponding headband. You could organise this with different vegetables being represented by table groups or classes, making up a giant plate of food! When you all come together, the children will then “become” a Harvest festival in your assembly or church meeting – getting everyone involved and making a great picture! This works really well as a non-uniform day idea, with pupils bringing in £1 to come to school as a vegetable.

🍅 Sponsor your vicar, pastor or head teacher to be a fruit or vegetable for the day of your Harvest celebration, complete with vegetable headband. To gather the maximum sponsorship money make them wear their outfit all day and give the sermon or assembly wearing it!

🍌 Play ‘What vegetable am I?’ where children need to put their headbands on without seeing what shape they have. They then need to ask others questions such as “do I grow on trees?” to guess which fruit or vegetable they are.

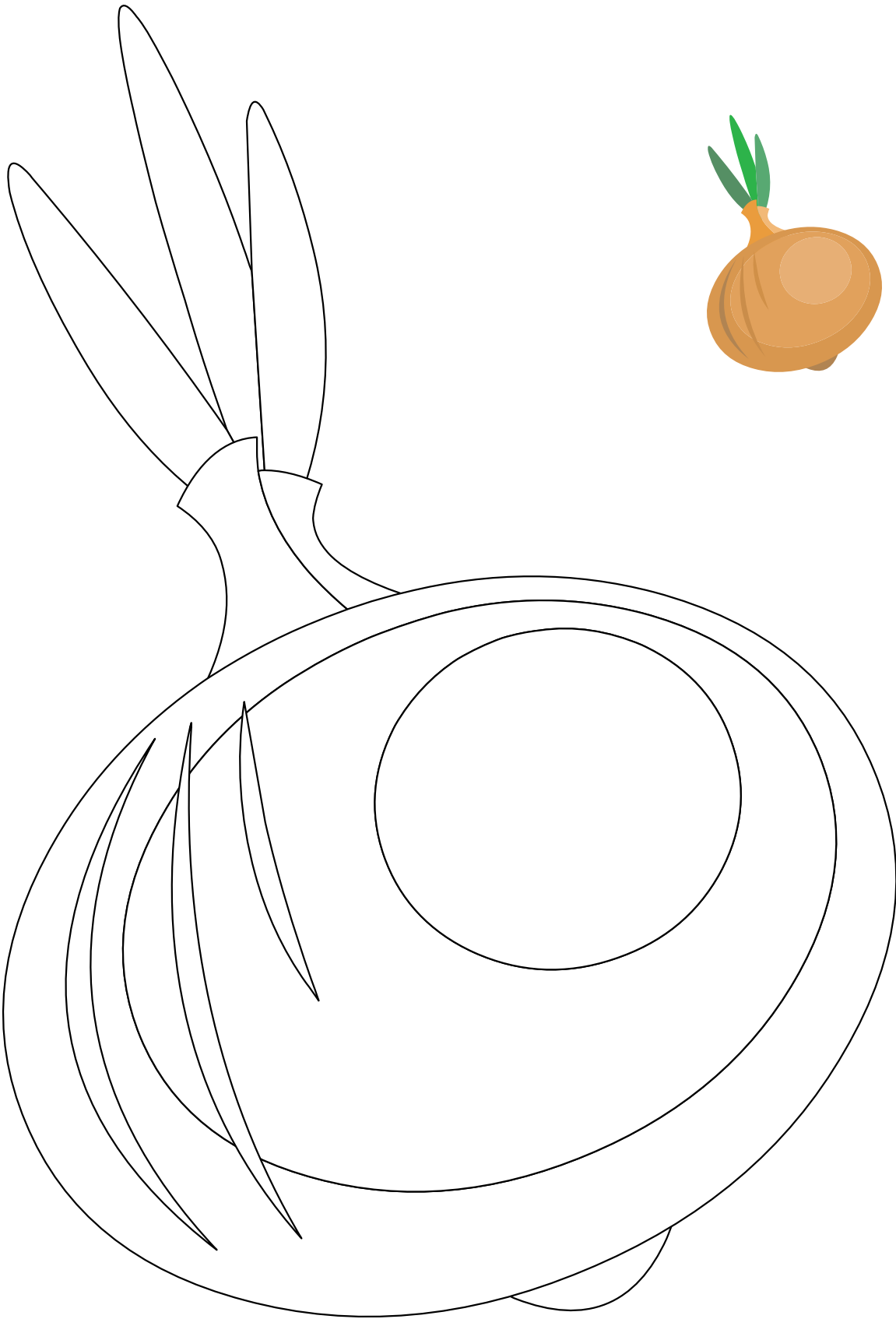
🍃 Hold a ‘matching pairs’ activity where children have to find another person with the same fruit or vegetable shape.

Make a mural with all the shapes to celebrate and learn about the variety of harvest.



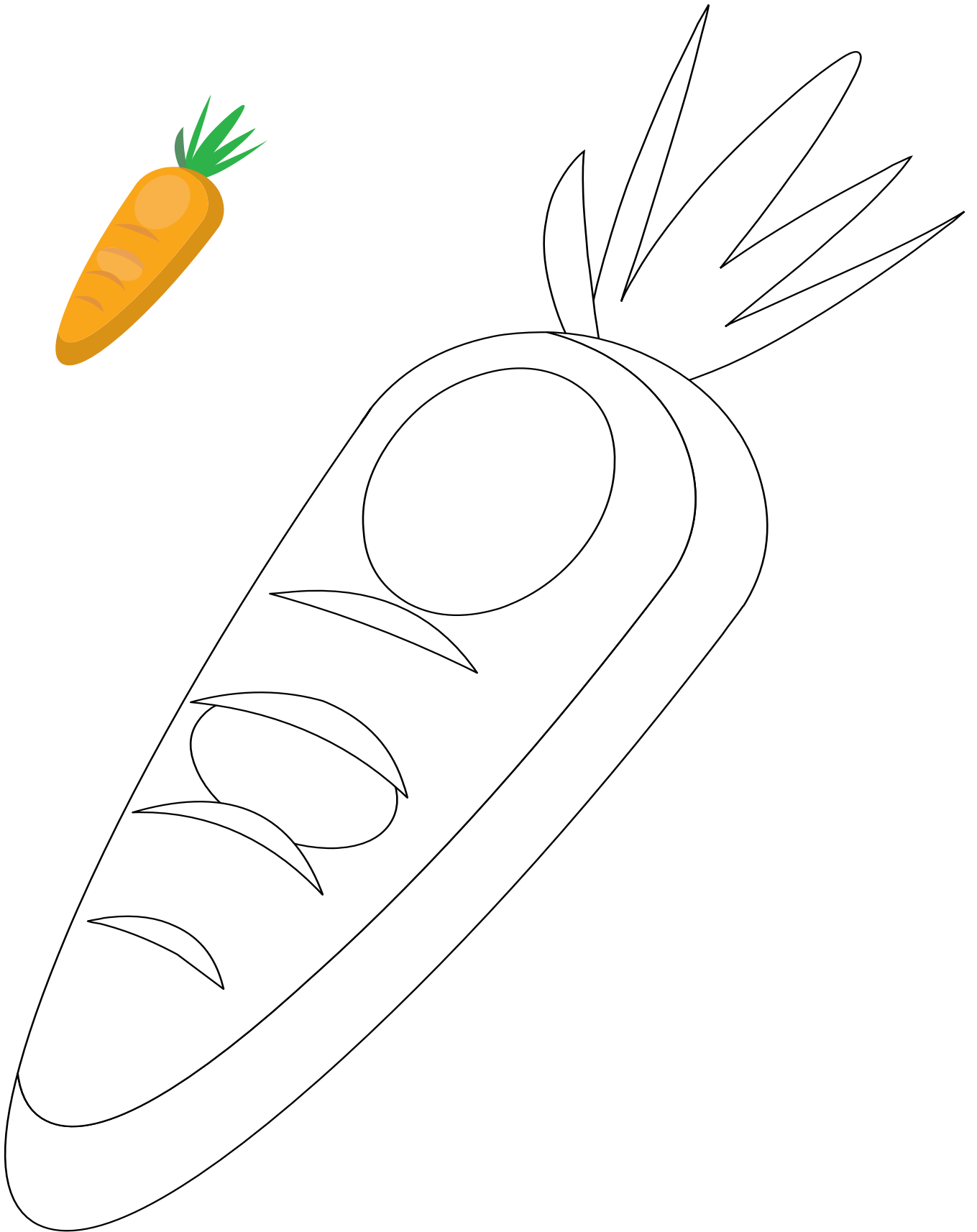
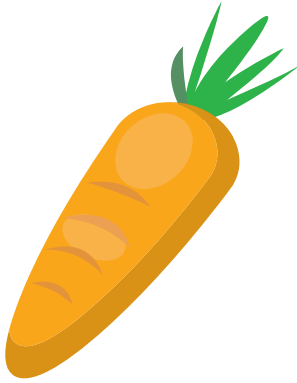
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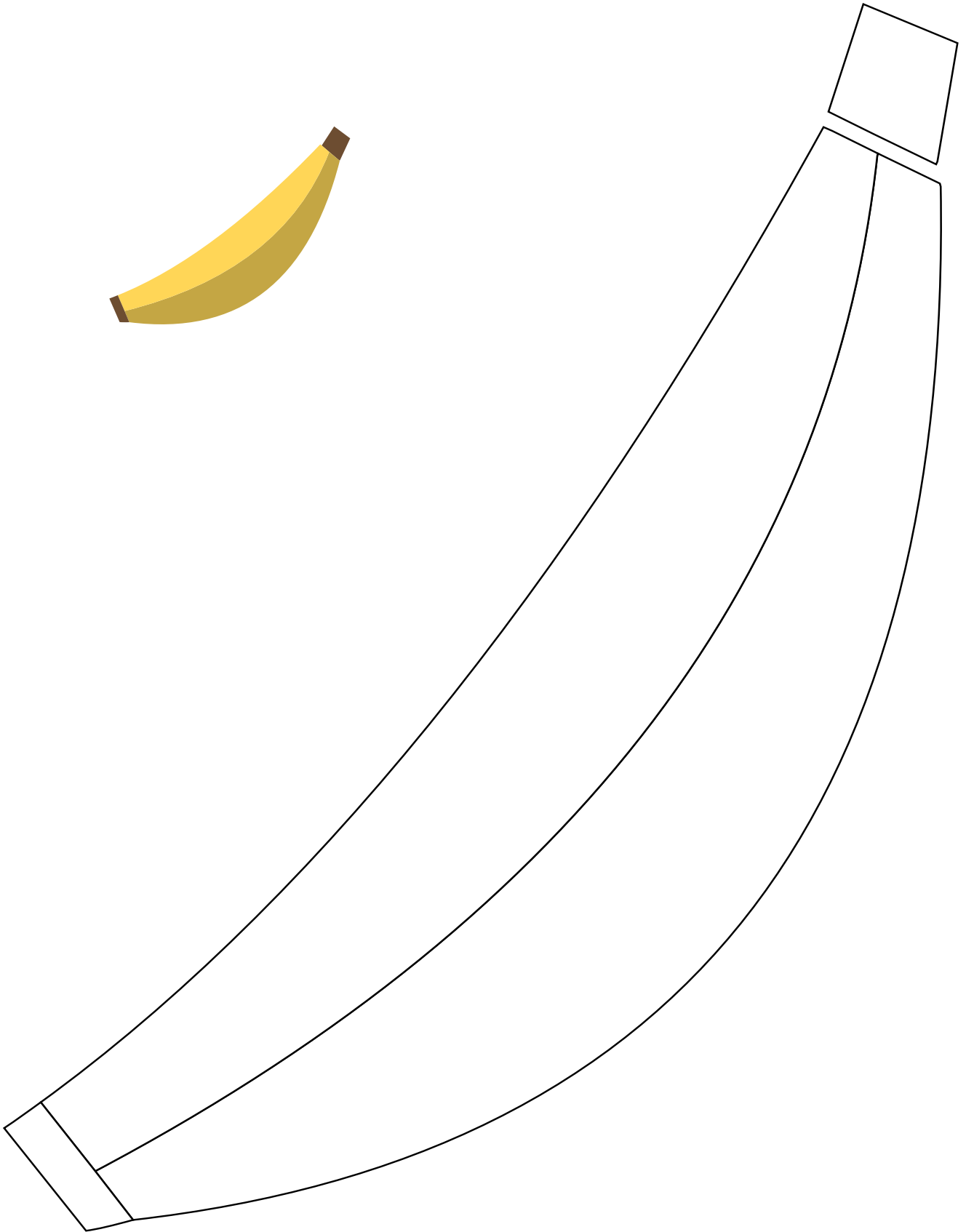
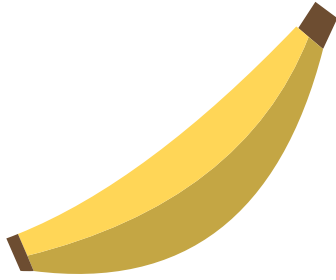
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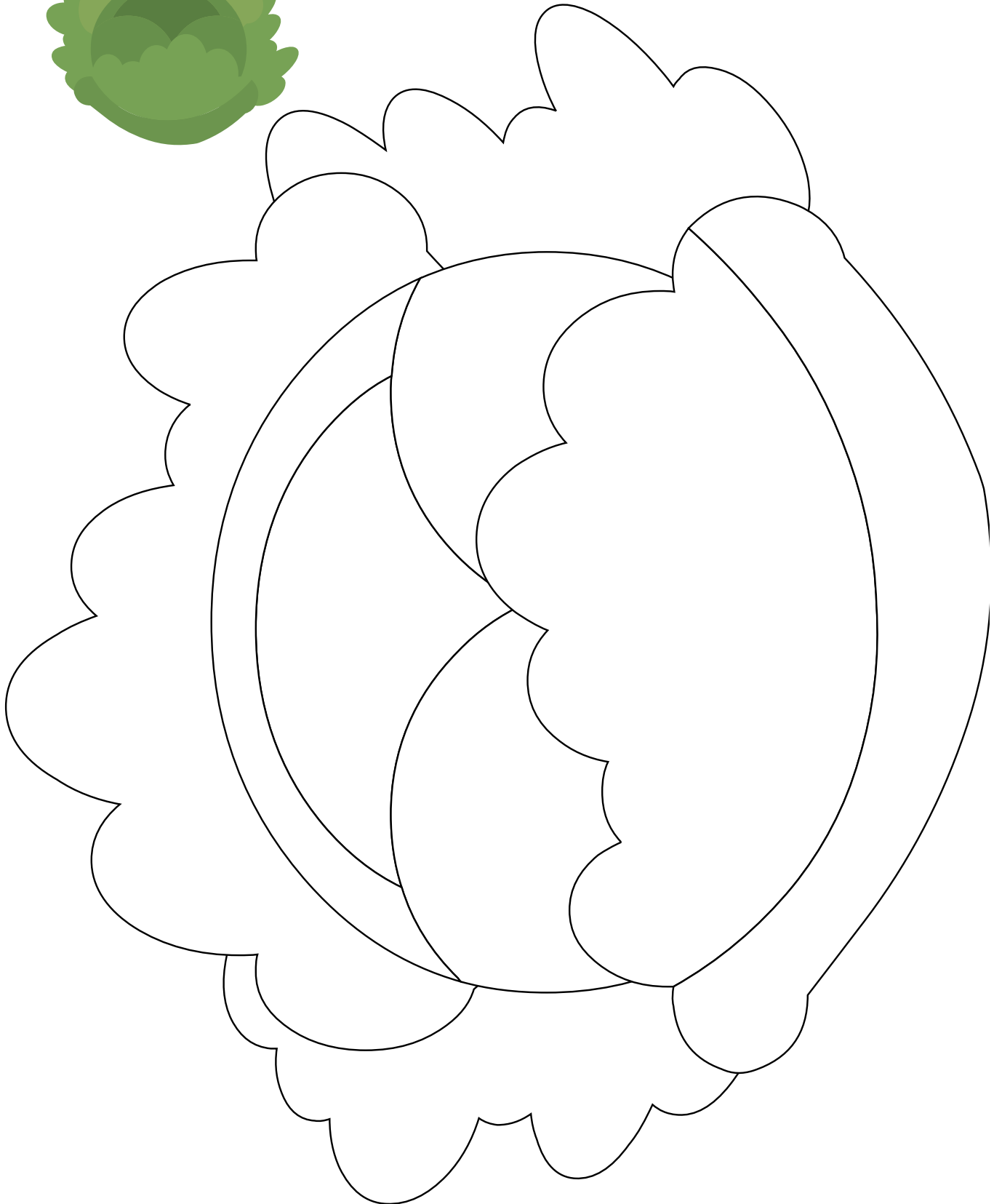
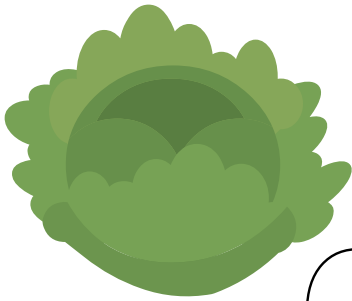
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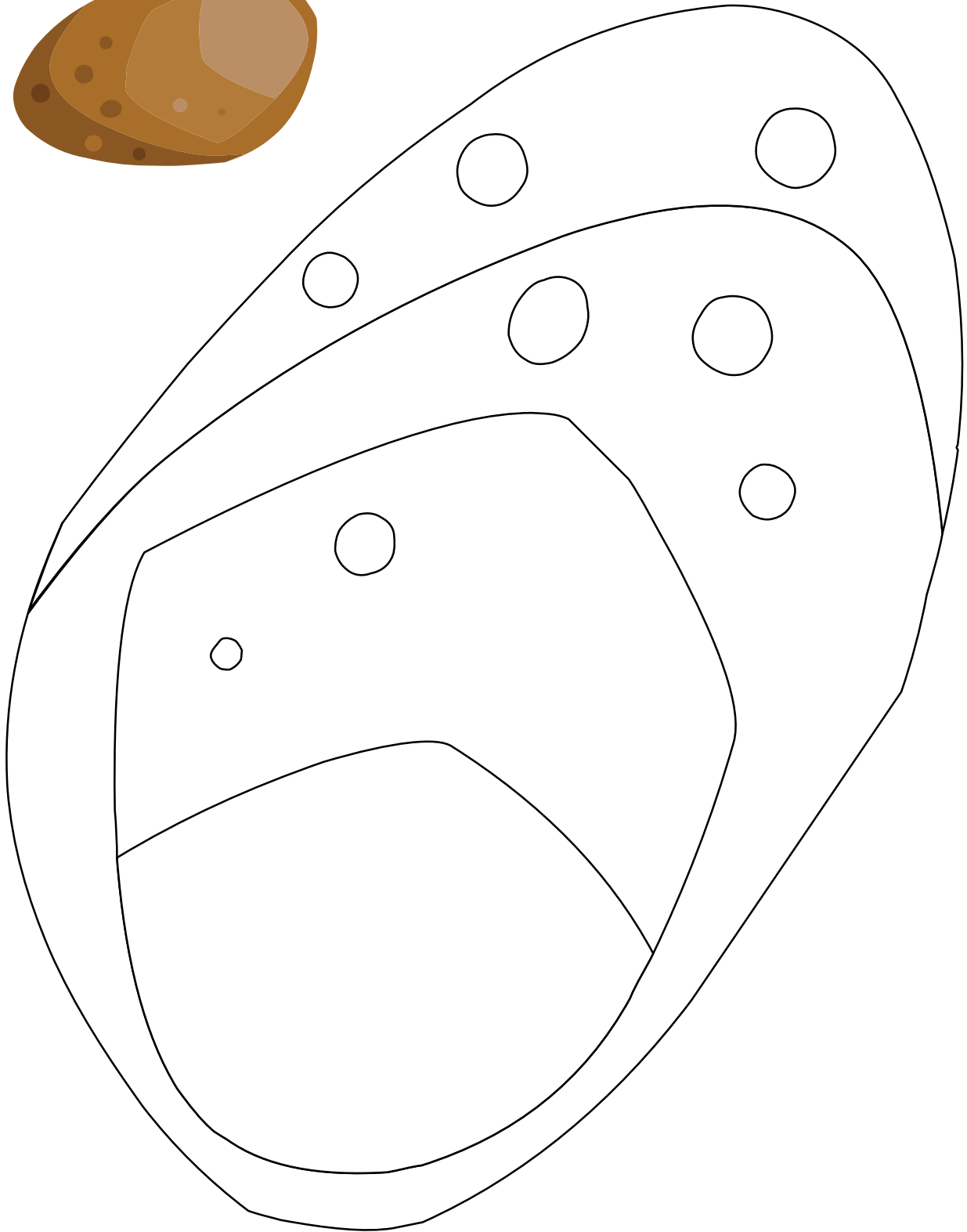
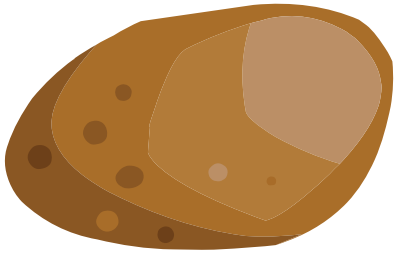
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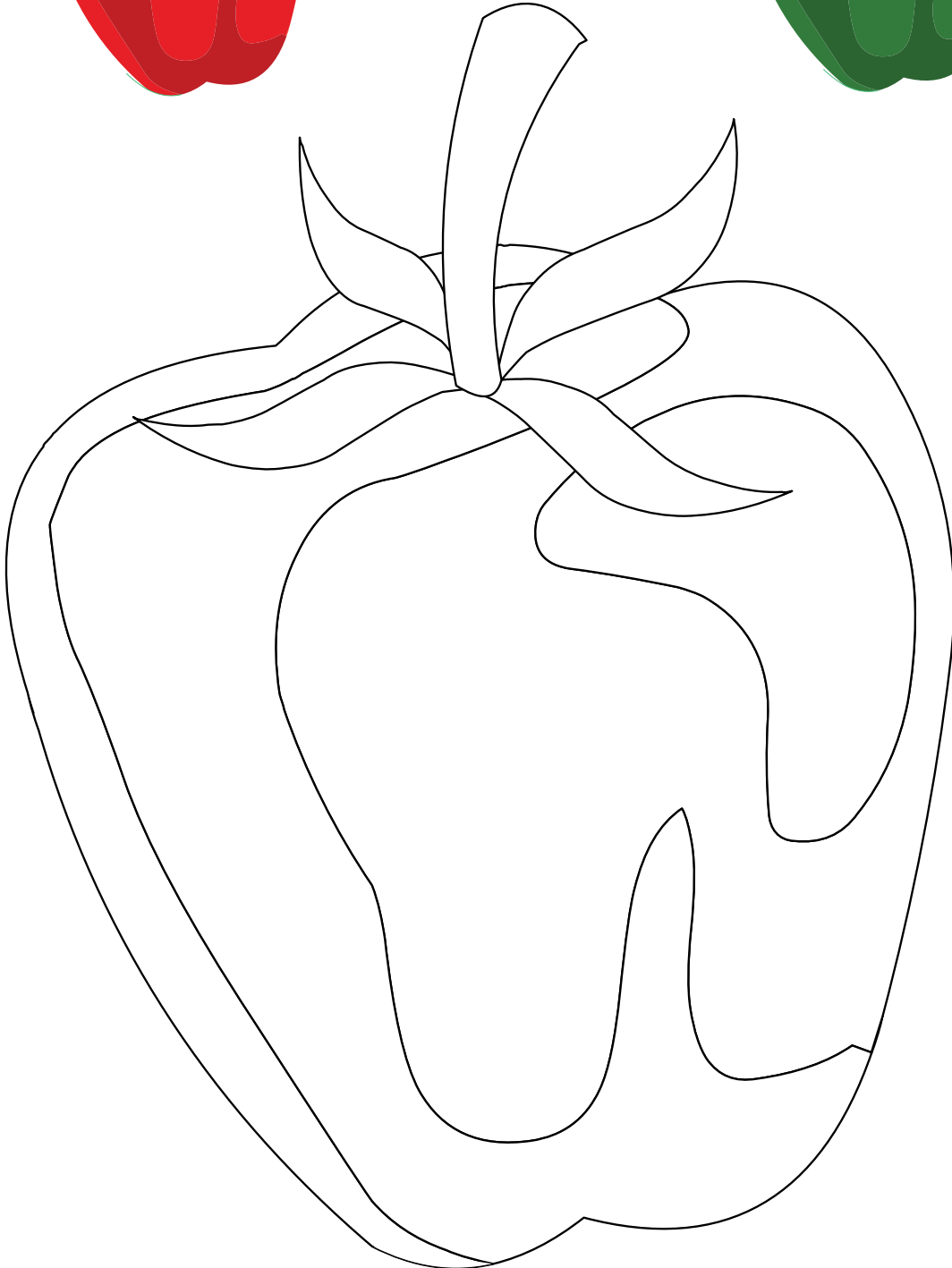
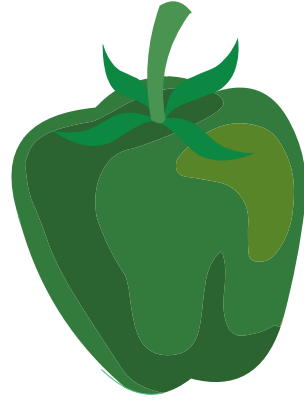
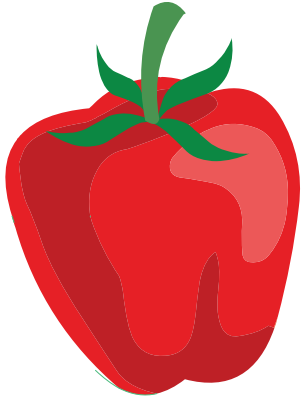
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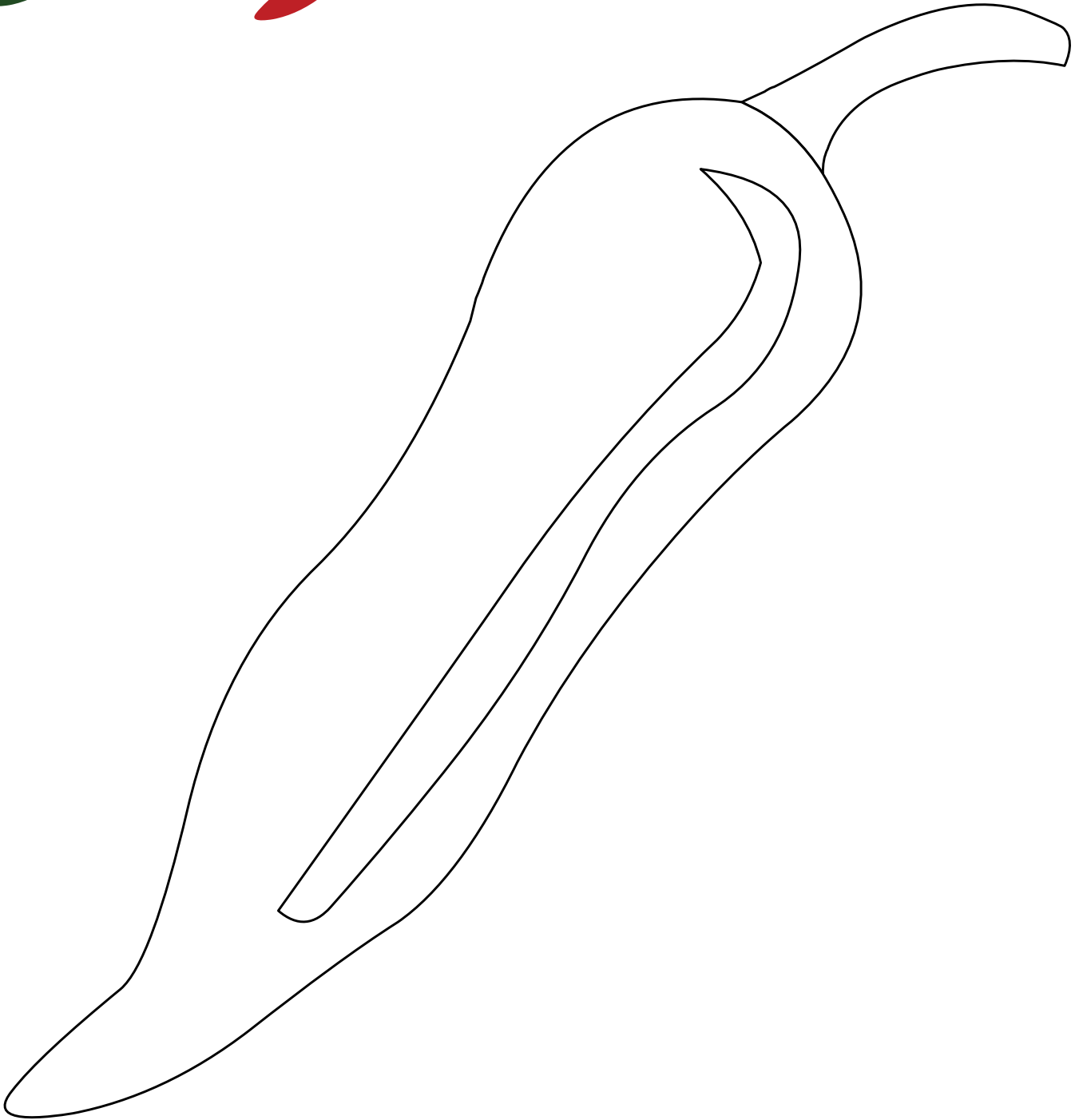
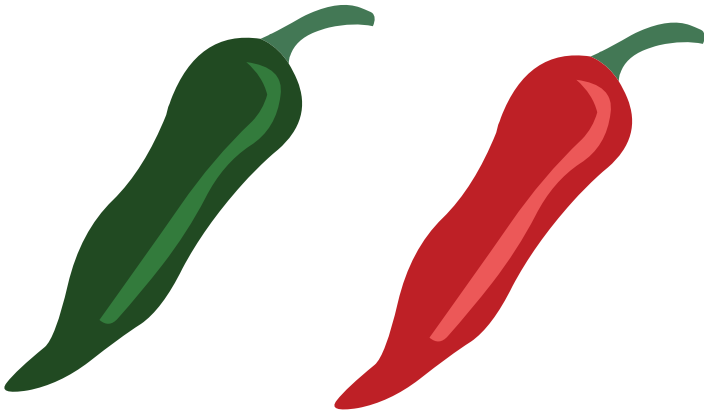
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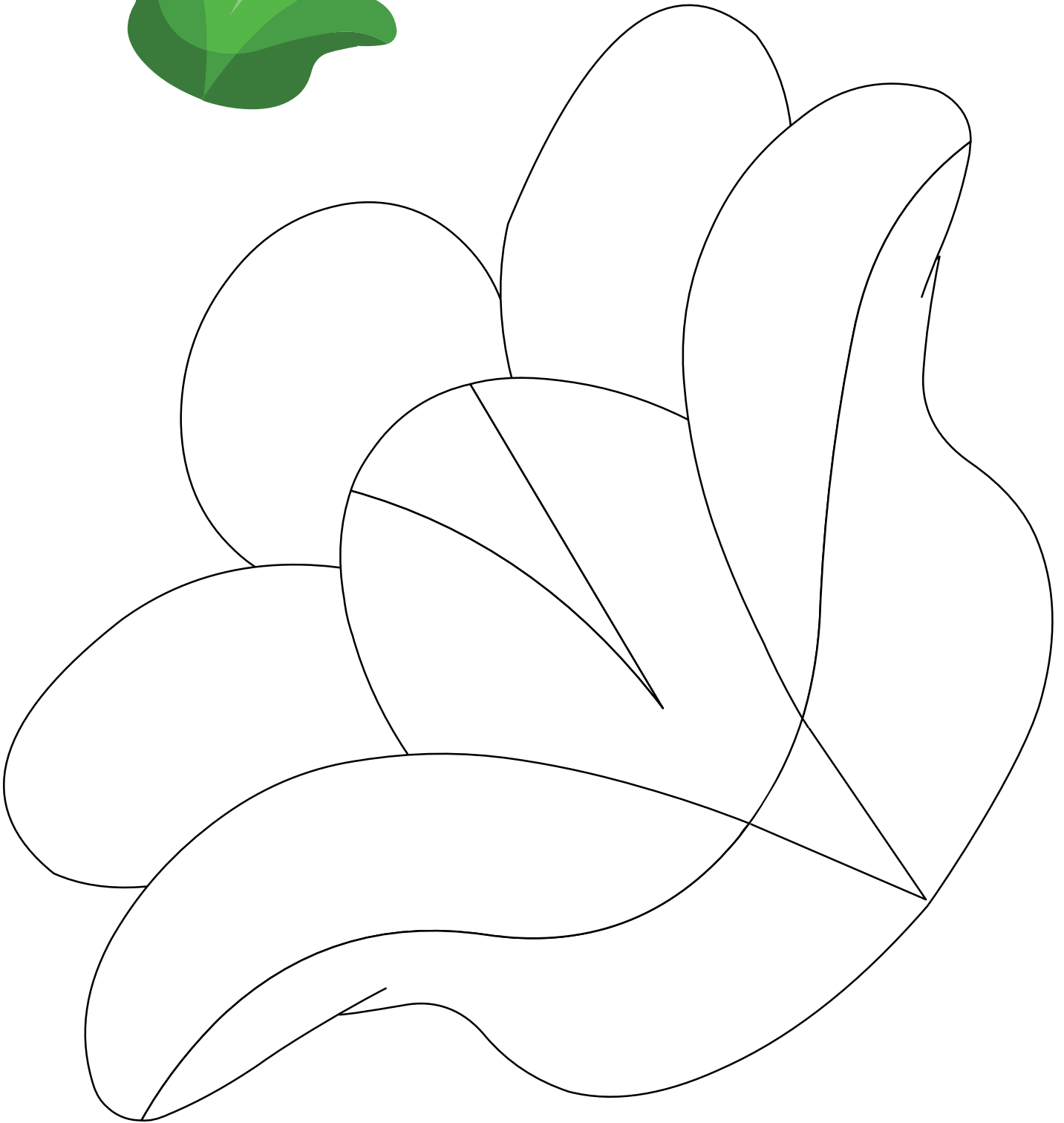
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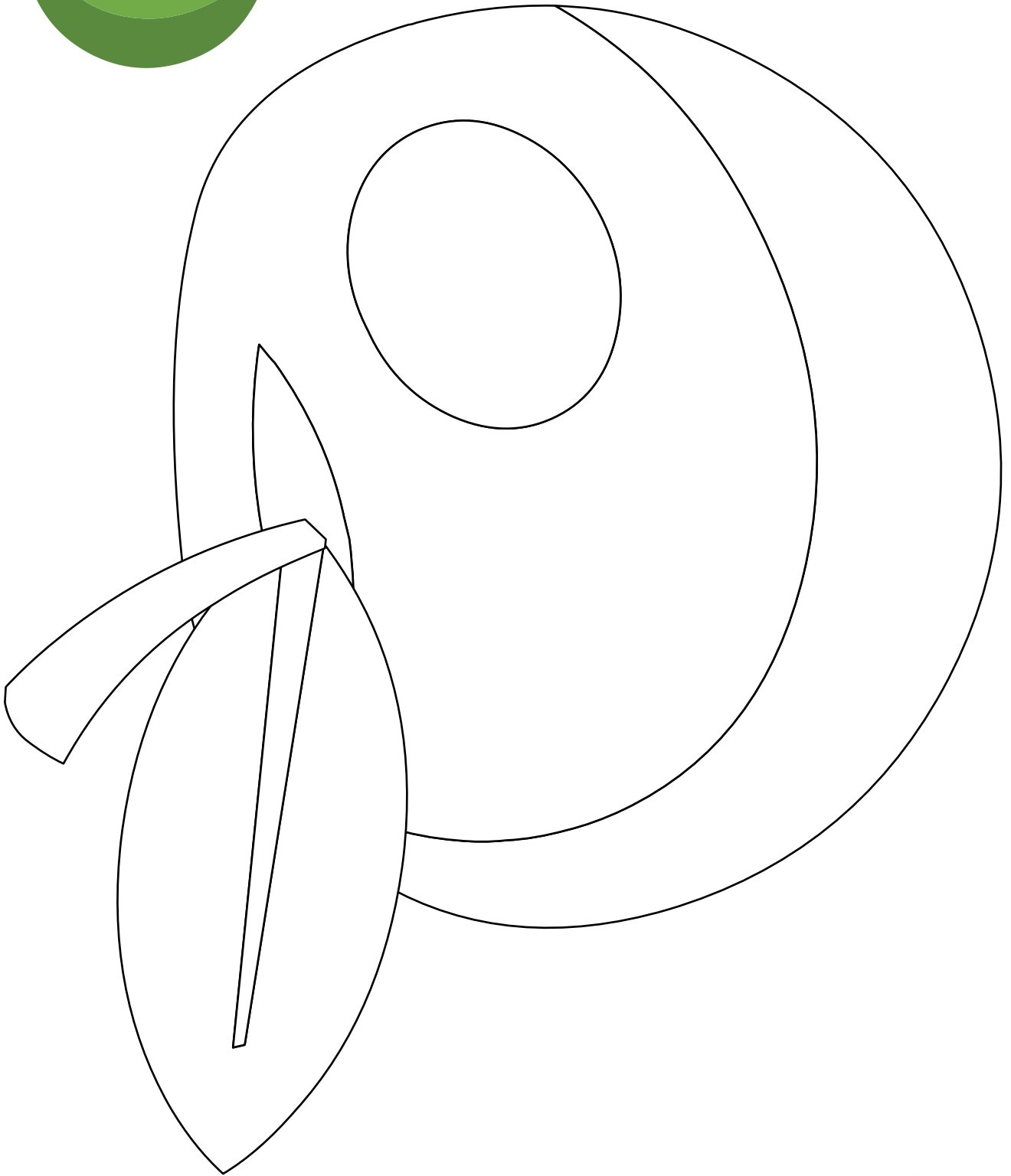
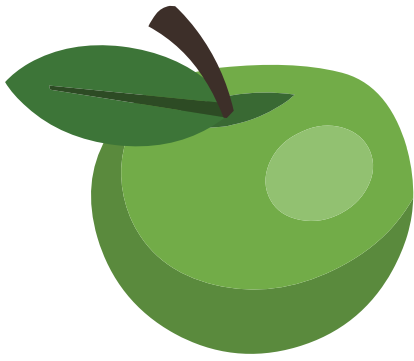
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